



Monday	Tuesday	Wednesday	Thursday	Friday
100% Beef Chili Dog w/cheese Diced Potatoes Fresh Apple 1% White or FF Flavored Milk 2	Oven Baked Chicken Nuggets w/ Goldfish Sweet Potato Tots Fresh Orange 1% White or FF Flavored Milk 3	Chicken and Gravy Marvelous Mixed Veggies WG Brown Rice Fresh Apple slices 1% White or FF Flavored Milk 4	BBQ Meatoaf on WW Bun Seasoned Greens Fresh Banana 1% White or FF Flavored Milk 5	Turkey & Cheese Sandwich on Wheat Celery Sticks Apple Slices 1% White or FF Flavored Milk 6
Chicken Fries w/ BBQ Sauce Baked Green Beans Fresh Gala Apple 1% White or FF Flavored Milk 9	Classic Cheeseburger on Diced Potatoes Fresh Orange 1% White or FF Flavored Milk 10	Mini Corn Dogs Marvelous Mixed Veggies Fresh Apple slices 1% White or FF Flavored Milk 11	WG Chicken Rings Baked Beans Fresh Banana 1% White or FF Flavored Milk 12	Sunbutter & Jelly Sandwich String Cheese Baby Carrots Apple Slices 1% White or FF Flavored Milk 13
Beef Soft Taco on WW Tortilla Mexican Pinto Beans Fresh Apple 16	Turkey Dog with WW Bun Baked Beans Fresh Orange 1% White or FF Flavored Milk 17	Beef Sloppy Joe on WW Bun Seasoned Corn Fresh Banana 1% White or FF Flavored Milk 18	Lasagna Roll Up Tossed Salad with Ranch Fresh Apple slices 1% White or FF Flavored Milk 19	Italian Sub Celery Sticks Apple Slices 1% White or FF Flavored Milk 20
Smoked Turkey Sausage Diced Potatoes Fresh Apple 23	Swedish Meatballs Sweet Baby Peas WG Brown Rice Fresh Orange 1% White or FF Flavored Milk 24	BBQ Pulled Chicken on WG Bun Seasoned Corn Fresh Apple slices 1% White or FF Flavored Milk 25	Cheeseburger Macaroni w/ WW Marvelous Mixed Veggies Fresh Banana 1% White or FF Flavored Milk 26	Hummus Cup Sunflower Seeds WG Pretzels Carrot & Celery Mix Apple Slices 1% White or FF Flavored Milk 27
100% Beef Chili Dog w/cheese Diced Potatoes Fresh Apple 1% White or FF Flavored Milk 30	Oven Baked Chicken Nuggets w/ Goldfish Sweet Potato Tots Fresh Orange 1% White or FF Flavored Milk Happy Halloween! 31			



Thought for Thought

The only calendar I need is just outside my window. With eyes to see and ears to hear, nature keeps me posted. - Alfred A. Montapert

Tips & Information

Columbus is celebrated on the 2nd Monday in October. The day is commemorated as the Columbus Day in United States, as Día de las Culturas (Day of the Cultures) in Costa Rica, as Día de la Hispanidad (Spanish Day), as Día de la Raza (Day of the Race) in many countries in Latin America. Columbus Day became an authorized state holiday in Colorado in 1905. It became a national holiday in 1970 in the United States.

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"or:" = An alternative selection to choose. "WG"=Whole Grain
 1% White & Fat Free Chocolate Milk available daily.
****Menu Subject to Change****
 This institution is an equal opportunity provider.

