



Monday	Tuesday	Wednesday	Thursday	Friday
Cheeseburger Meatloaf on WW Bun Baked Beans Diced Peas 1% White or FF Flavored Milk 2	Chef Salad Romaine w/ Dressing Whole Wheat Pita Bread Fresh Orange 1% White or FF Flavored Milk 3	WG Pepperoni Pizza Slice Baby Carrots 3oz Fresh Banana 1% White or FF Flavored Milk 4	Chicken Penne w/ WG Breadstick Baked Green Beans Diced Peaches 1% White or FF Flavored Milk 5	Walking Taco w/ WG Corn Chips Corn O'Brien Fresh Apple 1% White or FF Flavored Milk 6
All-American Hamburger on WW Baked Beans Mixed fruit 1% White or FF Flavored Milk 9	Crispy Popcorn Chicken w/ WG Potato Wedges Diced Peas 1% White or FF Flavored Milk 10	WG Pepperoni Pizza Slice Baby Carrots 3oz Fresh Banana 1% White or FF Flavored Milk 11	Sweet & Sour Chicken Meatballs Steamed Broccoli Diced Peaches 1% White or FF Flavored Milk 12	Teriyaki Beef Dippers with WG Baked Green Beans Fresh Apple 1% White or FF Flavored Milk 13
Oven Baked Chicken Nuggets w/ Goldfish Baked Beans Mixed fruit 1% White or FF Flavored Milk 16	Italian Meatball Sub Baked Green Beans Fresh Orange 1% White or FF Flavored Milk 17	WG Pepperoni Pizza Slice Baby Carrots 3oz Fresh Banana 1% White or FF Flavored Milk 18	Baked Mostaccioli Romaine w/ Dressing Dinner Roll Diced Peas 1% White or FF Flavored Milk 19	Chicken Soft Taco on Wheat Tortilla Corn O'Brien Fresh Apple 1% White or FF Flavored Milk 20
Beef Soft Taco on WW Tortilla Mexican Pinto Beans Diced Peaches 1% White or FF Flavored Milk 23	Grilled Chicken Salad Tossed Salad with Ranch Whole Wheat Pita Bread Mixed fruit 1% White or FF Flavored Milk 24	WG Pepperoni Pizza Slice Baby Carrots 3oz Fresh Banana 1% White or FF Flavored Milk 25	Asian Chicken Steamed Broccoli WG Brown Rice Diced Peas 1% White or FF Flavored Milk 26	Baked Savory Meat Loaf w/ WW Dinner Mashed Potato Fresh Apple 1% White or FF Flavored Milk 27
Grilled Chicken Breast on WW Bun Baked Beans Diced Peaches 1% White or FF Flavored Milk 30	BBQ Beef Rib Patty on Bun Seasoned Greens Fresh Orange 1% White or FF Flavored Milk Happy Halloween! 31			



Thought for Thought

The only calendar I need is just outside my window. With eyes to see and ears to hear, nature keeps me posted. - Alfred A. Montapert

Tips & Information

Columbus is celebrated on the 2nd Monday in October. The day is commemorated as the Columbus Day in United States, as Día de las Culturas (Day of the Cultures) in Costa Rica, as Día de la Hispanidad (Spanish Day), as Día de la Raza (Day of the Race) in many countries in Latin America. Columbus Day became an authorized state holiday in Colorado in 1905. It became a national holiday in 1970 in the United States.

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"or:" = An alternative selection to choose. "WG"=Whole Grain
 1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****

This institution is an equal opportunity provider.

