

REDUCE REUSE RECYCLE

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 No School	4 No School	5 No School	6 No School
9 Cinnamon Toast Crunch Cereal 100% Juice Giant Cinnamon Goldfish Zee Zee Mixzee Dried Fruit 1% or FF White Milk	10 WG Pancake Turkey Sausage Orange Juice Zee Zee Mixzee Dried Fruit 1% or FF White Milk	11 Honey Wheat Bagel with Jam Fresh Apple 1% or FF White Milk	12 Jumbo Waffle Turkey Sausage Fresh Banana Orange Juice 1% or FF White Milk	13 Golden Grahams 100% Juice Mini Vanilla Wafers Fresh Orange 1% or FF White Milk
16 Breakfast Nutrition Bar 100% Juice Craisins 1% or FF White Milk	17 WG Cinnamon French Toast Turkey Sausage Orange Juice Zee Zee Mixzee Dried Fruit 1% or FF White Milk	18 WG Banana Muffin Fresh Apple Animal Grahams 1% or FF White Milk	19 French Toast Sticks w/ Syrup Fresh Banana Orange Juice 1% or FF White Milk	20 Breakfast Nutrition Bar 100% Juice Fresh Orange 1% or FF White Milk
23 Cinnamon Toast Crunch Cereal 100% Juice Mini Vanilla Wafers Craisins 1% or FF White Milk	24 WG Pancake Turkey Sausage Orange Juice Zee Zee Mixzee Dried Fruit 1% or FF White Milk	25 WG Strawberry Pop Tart Fresh Apple Animal Grahams 1% or FF White Milk	26 Jumbo Waffle Turkey Sausage Fresh Banana Orange Juice 1% or FF White Milk	27 Golden Grahams 100% Juice Animal Grahams Fresh Orange 1% or FF White Milk
30 Breakfast Nutrition Bar 100% Juice Craisins 1% or FF White Milk				



Thought for Thought

If you want to feel rich, just count all of the things you have that money can't buy. - Anon.

Tips & Information

Make a commitment to recycling as much as you can in your household. Along with reducing your consumption and reusing all that you can, recycling can help to reduce the amount of items going into your garbage each week and will ensure that you're contributing to a sustainable and long-term commitment by many communities across the world to making the most of our resources. By recycling regularly, you show other people that it is possible, a good thing to do and that it makes a difference.

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****

This institution is an equal opportunity provider.

