



Monday	Tuesday	Wednesday	Thursday	Friday
			Baked Mostaccioli w/ Dinner Roll	Chicken Soft Taco on Wheat Tortilla
			Romaine w/ Dressing WG Dinner Roll Diced Peaches 1% White or FF Flavored Milk	Corn Obrien Fresh Apple 1% White or FF Flavored Milk
			1	2
Beef Soft Taco on WW Tortilla	Grilled Chicken Salad w/ WW Pita	WG Pepperoni Pizza Slice	Teriyaki Beef Dippers	Meat Loaf w/ WW Dinner Roll
Mexican Pinto Beans Diced Peaches 1% White or FF Flavored Milk	Tossed Salad with Ranch Whole Wheat Pita Bread Mixed fruit 1% White or FF Flavored Milk	Baby Carrots w/ Ranch Fresh Banana 1% White or FF Flavored Milk	Steamed Broccoli WG Brown Rice Diced Peaches 1% White or FF Flavored Milk	Mashed Potato Fresh Apple 1% White or FF Flavored Milk
5	6	7	8	9
Beef Sloppy Joe on WW Bun	BBQ Beef Rib Patty on Bun	Bag Lunch	Cheeseburger Mac w/ WW Dinner Roll	Hot Philly Steak & Cheese Sub
Baked Beans Diced Peaches 1% White or FF Flavored Milk	Seasoned Greens Fresh Orange 1% White or FF Flavored Milk	Turkey & Cheese Sandwich Baby Carrots Craisins Milk Early Release - Bag Lunch	Savory Carrots Coins WG Dinner Roll Mixed fruit 1% White or FF Flavored Milk	Potato Wedges Fresh Apple 1% White or FF Flavored Milk
12	13	14	15	16
Turkey Burger on WW Bun	Beef & Cheese Nachos w/ WG Corn Chips	WG Pepperoni Pizza Slice	Meatballs & Gravy with Brown Rice	Chicken Strips w/ WG Goldfish Crackers
Diced Potatoes Diced Peaches 1% White or FF Flavored Milk	Mexican Salsa Diced Peaches 1% White or FF Flavored Milk	Romaine w/ Dressing Fresh Banana 1% White or FF Flavored Milk	Baked Green Beans Mixed fruit 1% White or FF Flavored Milk	Baked Beans Fresh Apple 1% White or FF Flavored Milk
19	20	21	22	23
Cheeseburger Meatloaf on WW Bun	Chef Salad	WG Pepperoni Pizza Slice	Chicken Penne w/ WG Breadstick	
Baked Beans Diced Peaches 1% White or FF Flavored Milk	Romaine w/ Dressing Whole Wheat Pita Bread Fresh Orange 1% White or FF Flavored Milk	Baby Carrots w/ Ranch Fresh Banana 1% White or FF Flavored Milk	Baked Green Beans Diced Peaches 1% White or FF Flavored Milk	
26	27	28	29	30
				No School



Thought for Thought

An expert is someone who knows some of the worst mistakes that can be made in his subject and who manages to avoid them. - William Heisenberg ['Der Teil und das Ganze', 1969]

Tips & Information

Established in 1989, the National School Breakfast week was created to remind and encourage all students to eat a nutritious breakfast. Research has shown eating breakfast in the morning provides the fuel children need to perform all day. Look to fresh fruits, vegetables, nuts, yogurt or toast for a quick and delicious meal.

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"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****
This institution is an equal opportunity provider.

